



800-733-KIDS

15896 W 3rd Street, Hayward, WI 54843

715-634-2299

Northwest Connection

FAMILY RESOURCES

Five for Families Campaign to Strengthen Wisconsin Families

The Wisconsin Child Abuse and Neglect Prevention Board is launching the Five for Families campaign that features an interactive website, www.FiveforFamilies.org, to spread the word about the five essential strengths that keep every family strong.

The Five Strengths were identified by the Center for the Study of Social Policy, a national child and family public policy and research organization, as part of their Strengthening Families Protective Factors Framework™. Learning how to build on the Five Strengths can help parents feel more confident, less stressed and better connected to their kids.

The Five Strengths are:

- Helping Kids Understand Feelings
- Parenting as Children Grow
- Connecting with Others
- Building Inner Strength
- Knowing How to Find Help



"All families benefit from the Five Strengths. When these factors are present, research tells us that they support the optimal development of children and reduce the likelihood of child abuse and neglect," states Michelle Jensen, Executive Director of the Child Abuse and Neglect Prevention Board.

At the website, www.FiveforFamilies.org, parents can access information and everyday ideas to help identify and build upon their family strengths. The site features interviews with Wisconsin parents and grandparents sharing their understanding of the Five Strengths and how focusing on these strengths has benefitted their families. The website highlights the role extended family, friends, neighbors and the broader community play in building strength.

Parents, caregivers and professionals working with families were key partners in developing Five for Families. "The Five Strengths help me focus on the positives within families," states Jacqueline Strand, Northwest Connection Family Resources (NCFR) Executive Director. "[Five for Families.org](http://FiveforFamilies.org) is a resource for strengths-based information and strategies that I can share with families to help them discover how they are strong and how to build on their strengths," Kathy Mullally, Co-Director, NCFR.

The vision of the Wisconsin Child Abuse and Neglect Prevention Board is that every child in Wisconsin grows up in a safe, stable and nurturing environment. For over thirty years, the Board has advocated for policy changes needed for state programs, statutes, policies and budgets to strengthen families, reduce child abuse and neglect, and improve coordination among state agencies providing prevention services.

If you would like more information about the Five for Families campaign or programs offered at Northwest Connection Family Resources, please call (800) 733-KIDS or (715) 634-2299. Programming information can also be found at wisconsin-child.org

You can support us in several ways:

Smile.amazon.com or Thrivent Choice Dollars, choose

Northwest Connection Family Resources



Like us on Facebook:
Northwest Connection
Family Resources - Provider



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Northwest Connection Family Resources Annual Conference

THE STORY STARTS WITH YOU!

October 20, 2018

Hayward Wesleyan Church

Everyone starts with a story, this year's conference, *THE STORY STARTS WITH YOU* will help us focus on just what that story is. The conference will have many presentations, weaving literacy and storytelling throughout the day. Our story has a beginning with our morning keynote, **The Power of Storytelling - Bob Kann**, who is a delightful and motivational presenter. The day will follow with break-out sessions to look at life as a book full of fun, adventure, mystery and imagination.

The afternoon keynote **Kym Buchanan** UW Stevens Point, will present **The Joy of Teaching**. He will inspire and remind us why we love what we are doing. The afternoon break-out sessions will draw us to the end of our story with sessions that will challenge us to help each child as their story unfolds.

Don't forget to bring your Week of the Young Child **Classroom Story Book** to the fall conference for a chance to win an amazing prize. We look forward to seeing what you created to highlight the fun activities and projects you did during the week.

If you have any questions, please call us at (800) 733-KIDS.



**Here's what Family Child Care Providers & Center Directors
are saying about their recent experiences with
YoungStar Technical Consultants.**

TESTIMONIES

- ★ Douglas—"Our TC always provides us with the most up-to-date information needed to retain our star rating."
- ★ Barron—"We learned how to budget better, be more organized, and how to have more diversity in our program."
- ★ Oneida—"We have new ideas on playground design."
- ★ Barron—"We learned more ways to engage toddlers through play."

Background Check Changes

You may have read recently, in the summer issue of the Provider Newsletter or in a BECR Provider Memo, there will be changes in the way background checks are conducted for licensed and certified child care programs and public school-operated programs participating in YoungStar.

These changes are necessary because of federal changes to the Child Care Development Block Grant (CCDBG), a key source of funding for DCF's child care regulation and Wisconsin Shares programs. The Block Grant enhances the requirements for background checks by requiring states to conduct fingerprint-based FBI national criminal background checks prior to an individual working in child care settings, and every five years thereafter. The background check must also include a search of the National Sex Offender Registry and the Sex Offender Registry and Child Abuse and Neglect Registry in any state a person has resided in the past five years. The federal background check requirements apply to licensees, certified operators, adult household members in family child care settings, caregivers, and employees who may not care and supervise children, but who have unsupervised access to children.

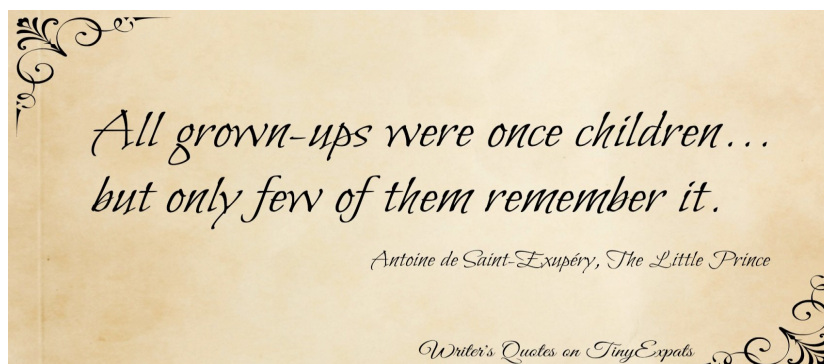


Another significant change, particularly for licensed group child care centers and public school-operated programs, is that the Department of Children and Families (DCF) will conduct the background checks on employees. In addition, the responsibility for conducting background checks for certified child care programs will shift from the local certification agency to DCF. DCF will begin conducting background checks on all new prospective employees in licensed and certified programs, and for new applications for certification beginning October 1, 2018.

For more information on how the changes in the background check process will affect your child care program and the implementation timeline for these changes, please see the appropriate sections on our website: [https:// dcf.wisconsin.gov/cclicensing/cbc-updates](https://dcf.wisconsin.gov/cclicensing/cbc-updates). Be sure to check back to this page often, as we will continue to update and add additional detail to the FAQs. In the meantime, we'd like to acknowledge the important work you do every day in caring for children entrusted to you by families who live and work in your community.

Thank you for your commitment to Wisconsin's children.

<https://dcf.wisconsin.gov/files/youngstar/pdf/ys-newsletter/ccprovider-newsletter-fall2018.pdf>



Upcoming Training Opportunities

Sudden Infant Death Syndrome & Shaken Baby Syndrome Prevention Training

These trainings will help you to discover the causes, effects and ways to help prevent Shaken Baby Syndrome (SBS). You will also learn about Sudden Infant Death Syndrome (SIDS) and how to help reduce risk. This is a wonderful training for providers, parents, and community members. There is a \$20 fee for this combined training.

Oneida County Law Enforcement, Rhinelander

★ Monday, November 5 6:00-9:00pm

Northwest Connection Family Resources, Hayward

★ Thursday, November 29 6:00-9:00pm

(Meet & Greet /Training)

*See next page for additional opportunities.

Steward of Children (Darkness to Light)

Stewards of Children teaches adults to take responsibility to prevent child sexual assault. The workshop educates adults on the steps they can take to prevent, recognize and react responsibly to the reality of child sexual abuse.

CESA 12, Ashland

★ Tuesday, October 2 6:00-9:00pm

Microtel of Rice Lake, Rice Lake

★ Tuesday, October 9 6:00-9:00pm

Holiday Inn, Superior

★ Tuesday, October 23 6:00-9:00pm

Iron County Courthouse, Hurley

★ Tuesday, October 23 6:00-9:00pm

Learning Environments and Curriculum Through the Lens of DAP

This training will provide participants with an in-depth review of the requirements for the developmentally appropriate environments as required by the YoungStar evaluation criteria. The materials, learning centers and interactions of the early childhood learning environment will be explored in relation to best practices and research in the field. There is a \$15.00 fee for this training.

Walter E. Olson Library, Eagle River

★ Monday, October 1 6:00-9:00pm

Oneida County Law Enforcement, Rhinelander

★ Tuesday, October 9 6:00-9:00pm

Phillips Normal Building, Phillips

★ Thursday, October 25 6:00-9:00pm

Iron County Courthouse, Hurley

★ Monday, November 12 6:00-9:00pm

Individual Learning: Planning Experiences & Documenting Learning

Participants will leave with a greater understanding of the teaching cycle process and how to incorporate practices that are part of the intentional process for planning to promote individual learning. There is a \$15.00 fee for this training.

Walter E. Olson Library, Eagle River

★ Monday, November 5 6:00-9:00pm

Crandon Library, Crandon

★ Wednesday, November 7 6:00-9:00pm

Oneida County Law Enforcement, Rhinelander

★ Tuesday, November 13 6:00-9:00pm



Please call for more information or
to register for each training
(715) 634-2299 or (800) 733-KIDS

Help us plan for upcoming trainings!
Send suggestions for training topics to
nwchild6@cheqnet.net

Upcoming Training Opportunities

New Approach to Wisconsin Model Early Learning Standards (WMELS)

This course will provide training to early child care education providers on implementation strategies for the Wisconsin Model Early Learning Standards. This course will walk providers through various aspects of the Teaching Cycle, and how to apply those practices to their program. There is a \$75.00 fee for this training.

*Attendance is required at all four sessions.

Faith Lutheran Church of Cameron



★ Thursday, October 11 6:00-9:00pm

★ Saturday, October 27 & November 10 8:00am-4:00pm

★ Thursday, November 15 6:00-9:00pm



10 Must-Do Autumn Activities to Support Children at Different Stages of Development

Fall is here and it's time for crisp, cool air and pumpkin play! Using varied teaching strategies to ensure that every child in your care learns best, and using materials and activities that are at the right level of difficulty is at the heart of developmentally appropriate practices (DAP).

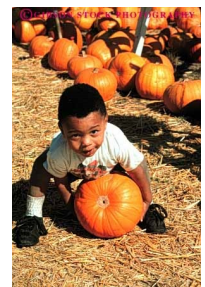
Below are 10 great examples of fall activities to help your classroom or program understand and welcome a season of change, and all the fun that comes with it.

Activities for Infants or Toddlers

- ☐ Add gourds and pumpkins to the room. Allow children to touch, smell, roll, etc. under close supervision.
- ☐ Taste test different apples: talk about sweet, sour, crunchy, soft, and smooth textures.
- ☐ Go on walks with toddlers, point out flowers, trees, bugs, and worms.
- ☐ Place infants on the grass outside. Talk about the colors around them, the feel of the breeze, the clouds up in the sky, the feel of the grass.
- ☐ Have many different books available that show nature, diversity, and people around the world. Point to the pictures and explain what is happening.

Activities for Preschoolers

- ☐ Dig out pumpkins, talk about the feeling (slimy, soft, stringy). Clean and bake the seeds, and talk about how they feel before and after baking.
- ☐ Do cooking projects (applesauce, pumpkin pie, zucchini bread, etc.). Talk about measurements, consistency, and temperature.
- ☐ Offer stories about how fall fruits and veggies grow.
- ☐ Offer stories about what people in other parts of the world do during this time of the year.
- ☐ Go on nature walks. Bring binoculars (can make homemade ones with toilet paper tubes), magnifying glasses, water bottles, etc.



- ☐ Make the dramatic play area into a farmer's market, campground, pumpkin patch, or football stadium.

<https://dcf.wisconsin.gov/files/youngstar/pdf/ys-newsletter/ccprovider-newsletter-fall2018.pdf>



MEET & GREET

Oneida Law Enforcement Center

2000 East Winnebago Street, Rhinelander

November 5, 2018

5:30 - 6:00 pm Open House 6:00 - 9:00 pm SIDS/SBS Training

DNR Service Center

810 W Maple Street, Spooner

November 7, 2018

5:30 - 6:00 pm Open House 6:00 - 9:00 pm SIDS/SBS Training

Northwest Connection Family Resources

15896 W 3rd Street, Hayward

November 29, 2018

5:30 - 6:00 pm Open House 6:00 - 9:00 pm SIDS/SBS Training

SPREAD THE WORD!

Do you know someone interested in becoming a certified, family licensed or group licensed provider or in the process of becoming regulated who wants to learn more about how YoungStar can positively impact their program from the first day they open? If so, **invite them to attend.**

If **you** are a current child care provider and would like to learn more about ways to enhance your current child care programming and hear about a micro-grant opportunity **YOU SHOULD ATTEND.**

If you need the Sudden Infant Death Syndrome (SIDS) and Shaken Baby Syndrome Prevention (SBS) Trainings **YOU SHOULD ATTEND.**

(Separate registration and \$20 fee required to attend the trainings - Be sure to register - Registry credit given)

DOOR PRIZE DRAWINGS - RESOURCES - GREAT CONVERSATION

CALL TO REGISTER

(800) 733-KIDS

FARM TO PRESCHOOL

FARM TO SCHOOL isn't just for K-12 institutions; an increasing number of early child care and education providers are engaging in farm to preschool activities. The term "farm to preschool" encompasses efforts to serve local or regionally produced foods in early child care and education settings; provide hands-on learning activities such as gardening, farm visits, and culinary activities; and integrate food-related education into the curriculum.

Why Farm to Preschool? Serving local foods and offering related hands-on activities can increase children's willingness to try new foods. In fact, farm to preschool is recognized by the Centers for Disease Control and Prevention as an opportunity to increase access to healthy environments for improved early eating habits and obesity prevention in early care and education. With daily opportunities to serve local products through the Child and Adult Care Food Program (CACFP), farm to preschool benefits local and regional farmers, ranchers, and fisherman, as well as food processors, manufacturers, and distributors by providing another market for their products. Incorporating seasonal and locally produced foods is included as a best practice in the CACFP meal pattern final rule.

Gardens in Preschool and Early Child Care Settings

Early childhood is the ideal time to establish healthy eating habits. Studies have shown school gardens encourage preference and consumption of fruits and vegetables, increase parental support and involvement, and improve children's enthusiasm about preschool/child care, teamwork skills and self-understanding.

Tips for Growing Your Program

Start small: Special events are a great way to start serving local foods. Consider starting with one local item each month and grow from there. Create a monthly newsletter to celebrate the harvest and share with children, parents, and caregivers.

Tap into parents: With robust parental involvement during the early child care years, tap into parents to help model healthy eating at meal time, lead an activity, or organize a garden to enhance your farm to preschool program.

Invest in an edible garden: CACFP funds can be used to purchase items for gardens such as seeds, fertilizer, watering cans, rakes, and more as long as the produce grown in the garden will be used as part of the reimbursable meal and for nutrition education activities. Centers using garden produce in their CACFP reimbursable meals should document the weight and/or volume of the produce.

Dig into menu planning: Find out what grows in your region and allow flexibility in the regular menu cycle to spotlight seasonal items and incorporate them into healthy recipes. When you serve local foods, be sure to highlight them on your menu for parents to see! Reach out to your local cooperative extension agency or department of agriculture for help with synching your menu with seasonal availability.



New Session: Sensory Gardens - Dr. Veronica Justen for the conference!

<https://fns-prod.azureedge.net/sites/default/files/f2s/FarmtoPreschool.pdf>





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FAMILY RESOURCES

15896 W 3rd Street

Hayward, WI 54843

(800) 733-KIDS or (715) 634-2299

Fax#: (715) 634-8743

Email: nwchild6@cheqnet.net

Website: www.wisconsinchild.org

Office Hours

Monday - Friday 8:00am - 4:00pm

Dates Closed:

November 22 & 23 Thanksgiving

December 24 & 25 Christmas

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U.S. Postage Paid
Hayward WI
Permit #64

RETURN SERVICE REQUESTED



Rice Lake



Northwoods

