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# Northwest Connection

## FAMILY RESOURCES

April/May/June 2017

## Communicating with Your Child

Good communication between you and your child is important for developing a positive relationship. As your child gets older, good communication will make it easier for you to talk to him about things like alcohol and drugs. Good communication with your child can start early. Two skills that are helpful for good communication with toddlers and preschoolers are praise and active listening. You will learn more about these skills in this section.

### Keys to Communication with Your Child

1. Praise your child when she does something right. The more you praise a behavior, the more likely it is your child will behave the same way again.
2. Pay attention to your child when he is talking to you or trying to communicate with you. It will also make him feel like you care about what he has to say.
3. Set aside time each day to talk and play with your child. Creating a special time lets your child know she is important. It also strengthens the bond between the two of you.

### Tips for Communication with Your Child

#### Take time to listen:

Take time to listen to your child. When your child is upset, active listening can go a long way in helping you child know that your hear him and understand what he is trying to say. Active listening can also be helpful in calming a situation and preventing a tantrum before it starts!

#### Let Your Child Know:

Let your child know when you think she has done something good. Praising your child is an important way to encourage good behaviors. Sometimes it can also help to let your child overhear you praising him to someone else like a grandparent, teacher, spouse, or even a toy if no one else is around. When the praise seems sincere and honest, it can reinforce good behavior.

#### Read with Your Children:

Reading with your children helps to strengthen their vocabulary, knowledge, and understanding of their world. It also creates opportunities for you and your child to spend time enjoying each other. It is never too early to bring reading to your child, and no book is



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## Story Time & Play Groups!



### Story Time:

Story Time is held at the Sherman & Ruth Weiss Community Library every Tuesday morning starting at 10:15am. Come join us for Story Time and craft projects!

### Read, Play & Learn Playgroup:

This playgroup is held at NCFR every Friday morning from 10:30am–12:00pm. This playgroup uses a play-based curriculum designed to promote growth across all areas of development for young children and motivates them to play their way to reach higher levels of development. Please note the change of time.

### Open Play:

Every Monday is open play for families. So come and visit our facility and have a fun play day with your child!!



Don't Forget  
to stop and  
check out our  
children's'



## FREE FAMILY EVENTS

library and the many resources we have for parents  
**Spring is in the air!**

Hayward 4 Learning - Family Outreach Program

**ALL**



**FAMILIES INVITED**

## PARENT CAFÉ IS BACK AND READY TO CONNECT WITH YOU

Parenting is a tough job! Many parents struggle with feelings of inadequacy for a host of reasons - e.g. difficulty meeting their family's basic needs, feelings overwhelmed, or trying to manage their own trauma. Parent Cafés provide a safe nurturing environment for parents to have intimate, authentic conversations about their families and ways in which to strengthen their families and communities.

Over the course of 3 morning sessions, parents will discuss 3 separate themes. These themes incorporate the Protective Factors and provide a framework for parents to relate them to their own lives. Parents gather in small groups at individual tables to explore questions and have a discussion, which is facilitated by a Parent Host.

Parent Cafés are unique in that every parent's voice is heard!

We will be offering Parent Cafés on May 12th, June 2nd, and June 16th from 9:00am-12:00pm. A light snack and childcare will be provided.





# April 2017



| Sun   | Mon  | Tue  | Wed   | Thu | Fri   | Sat |
|---|--|--|---|-----|---|-----|
| 2   | 3<br>Open Play   | 4<br>Story Time<br>10:15 am  | 5   | 6   | 7<br>Read, Play &<br>Learn<br>10:30am-12pm                | 1/8 |
| 9   | 10<br>Open Play<br>Registration<br>Open for<br>Hayward 4<br>Learning | 11<br>Story Time<br>10:15 am   | 12<br>Breastfeeding<br>Support Group<br>@ NCFR<br>6:30-7:30pm | 13  | 14<br><b>Office Closed to<br/>Observe<br/>Good Friday</b> | 15  |
| 16<br> | 17<br>Open Play  | 18<br>Story Time<br>10:15 am<br><br><b>Parents For-<br/>ever<br/>2pm-4pm LCO</b> | 19<br><br><b>Parents Forever<br/>2pm-4pm LCO</b>              | 20  | 21<br>Read, Play &<br>Learn<br>10:30am- 12pm              | 22  |
| 23  | 24<br>Open Play  | 25<br>Story Time<br>10:15 am   | 26  | 27  | 28<br><b>Office Closed</b>                                | 29  |
| 30  |  |  |   |     |   |     |

# Parenting Classes & Programs

## Parents Forever: the Impact of Divorce on Children



This parent education course is geared towards families who are divorced, separated or in a co-parenting situation. This course helps parents to understand how children are affected during this family transition. It also helps parents to understand the loss and grief children may feel during this time. This free court approved course is presented in two sessions, you must attend both sessions to complete this program. Upon completion of the course you are presented with a certificate for the court. Parents Forever will be held in three locations to accommodate parents' busy schedules. When sessions are located at Northwest Connection Family Resources free childcare is available. When sessions are located at LCO Hotel and UW Extension, childcare is not available.

## SIDS & SBS Prevention Course



This is a very important topic for all parents, grandparents, child care providers, foster parents, babysitters and the community. This course will cover prevention methods for both Sudden Infant Death Syndrome (SIDS) and Shaken Baby Syndrome (SBS)

Anyone caring for a child under the age of 5 is encouraged to attend this training because every child deserves to grow up happy and safe! Classes are held one Thursday evening every other month from 6:00-9:00pm. See calendars for exact dates. There is a \$20.00 fee for this class and Registry hours are available.

**Please register prior to the class by calling  
(715) 634-2299**

## 2017 Summer Reading Program The Sherman & Weiss Community Library



Registration for the 2017 Children's Summer Reading Program (PreK-5th grade) starts Thursday, June 1st, 2017.

Programs will be held at 10 am on the following Thursdays: June 15, 22, 29 and July 6, 13.

Details will be available soon on the library's website [www.weisscommunitylibrary.com](http://www.weisscommunitylibrary.com) and/or at your child's school or child care.

This program is brought to you by the Sherman & Weiss Community Library and the Friends of the Library.

In partnership with: **Northwest Connections Family Resources**

Check out the Summer Reading programs for teens (5th grade - high school) and for adults.

## Breastfeeding Support Group

The Breastfeeding support group meets once a month. The group is meeting April 12th, May 10th at 6:30-7:30pm and June 14th at 4:30pm this is a free meal **Dinner With Dad** at Northwest Connection Family Resources. RSVP required by

## Register for Hayward 4 Learning

Hayward 4 Learning Registration: April 10 - July 28, 2017

Please pick up registration packets at Northwest Connections Family Resources, 15896 W 3rd. Street, during regular office hours Monday - Friday 8:00 a.m. - 4:00 p.m.

Students must be 4 years old by September 1, 2017





# May 2017



| Sun  | Mon  | Tue  | Wed  | Thu   | Fri   | Sat |
|--|--|--|--|---|---|-----|
|  | 1  | 2  | 3  | 4   | 5<br>Read, Play & Learn<br>10:30am-12pm                               | 6   |
| 7  | 8<br>Open Play                                     | 9<br>Story Time<br>10:15 am  | 10<br>Breastfeeding Support Group<br>@ NCFR<br>6:30-7:30pm | 11  | 12<br>Muffins with Mom<br>10:30am-12pm<br><br>Parent Café<br>9am-12pm | 13  |
| 14<br>HAPPY MOTHER'S DAY<br> | 15<br>Open Play                                    | 16<br>Story Time<br>10:15 am<br><br><b>Parents Forever</b><br>5pm-7pm NCFR | 17<br><br><b>Parents Forever</b><br>5pm-7pm NCFR           | 18<br><b>Office Closed</b><br><br>SBS/SIDS<br>6:00pm-9:00pm | 19<br>Read, Play & Learn<br>10:30am-12pm                              | 20  |
| 21<br>                      | 22<br>Open Play                                    | 23<br>Story Time<br>10:15 am   | 24   | 25  | 26<br>Read, Play & Learn<br>10:30am-12pm                              | 27  |
| 28   | 29<br><b>Office Closed to Observe Memorial Day</b> | 30<br>Story Time<br>10:15 am   | 31   |   |   |     |

# April is Child Abuse Prevention Month

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## 30 Ways to Connect with a Child

Playing and interacting with your child is one of the most important things you can do to help your child learn. This is also a time to build a bond with your child and help him or her develop a sense of competence and self-worth. Below are 30 ideas for connection with your child:

1. Read books together-each pick out your favorite.
2. Draw a picture to share with a family member or friend.
3. Talk about what you are thankful for.
4. Help another family member.
5. See what will sink in water.
6. Visit the library and get your child their own card.
7. Have a family game night.
8. Have a picnic outside.
9. Pretend to be dinosaurs.
10. Watch a television show together.
11. Eat a meal together.
12. Look for circle shapes inside and outside.
13. Learn a new skill.
14. Paint our favorite thing.
15. Volunteer together as a family.
16. Dance to music.
17. Go to the park or playground.
18. Pretend you are a circus performer (tightrope walker, ringmaster, etc.).
19. Make silly faces.
20. Give lots of hugs.
21. Turn off the TV for a day.
22. Leave a love note for someone on their pillow.
23. Coordinate a treasure hunt around your house.
24. Make a list of things you are thankful for.
25. Bake or decorate cookies.
26. Choose something to count (trucks, dogs, etc.) and take a walk to look for them.
27. Watch the sunset.
28. Finger paint.
29. Plant some flower seeds.
30. Tell your child that you love him or her.

Remember to let interactions with children happen at the child's pace, and take cues from the child



# June 2017



| Sun  | Mon             | Tue  | Wed   | Thu   | Fri  | Sat   |
|--|-----------------|--|---|---|--|---|
|  |                 |  |   | 1   | 2<br>Read, Play & Learn<br>10:30am-12pm<br><br>Parent Café<br>9am-12pm | 3   |
| 4  | 5<br>Open Play  | 6<br>Story Time<br>10:15 am  | 7   | 8   | 9<br>Read, Play & Learn<br>10:30am-12pm                                | 10  |
| 11   | 12<br>Open Play | 13<br>Story Time<br>10:15 am   | 14<br>Breastfeeding<br>Support Group<br>@ NCFR<br>4:30pm<br><b>Dinner with Dad</b><br>RSVP by 5/31/17 | 15<br>Build A Better<br>World at<br>Sherman and<br>Ruth Weiss<br>Community<br>Library<br>10:00 am | 16<br>Donuts with Dad<br>10:30am-12pm<br><br>Parent Café<br>9am-12pm   | 17  |
| 18<br>HAPPY FATHER'S<br>DAY!<br> | 19<br>Open Play | 20<br>Story Time<br>10:15 am<br><br><b>Parent Forever</b><br>1pm-3pm LCO | 21<br><br><b>Parent Forever</b><br>1pm-3pm LCO<br><br>Summer Begins!                                  | 22<br>Build A Better<br>World at<br>Sherman and<br>Ruth Weiss<br>Community<br>Library<br>10:00 am | 23<br>Read, Play & Learn<br>10:30am-12pm                               | 24<br><b>Musky Fest<br/>Kids Games</b><br>10:30am |
| 25   | 26<br>Open Play | 27<br>Story Time<br>10:15 am   | 28  | 29<br>Build A Better<br>World at<br>Sherman and<br>Ruth Weiss<br>Community<br>Library<br>10:00 am | 30<br>Read, Play & Learn<br>10:30am-12pm                               |   |





## Northwest Connection

### FAMILY RESOURCES

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Permit #64

15896 W 3rd St.  
Hayward, WI 54843  
Phone: (715) 634-2299 & (800) 733-KIDS  
Fax: (715) 634-8743

Email: [nwchild@cheqnet.net](mailto:nwchild@cheqnet.net)  
Website: [www.wisconsinchild.org](http://www.wisconsinchild.org)

RETURN SERVICE REQUESTED

**Office Hours**  
Monday– Friday 8:00am - 4:00 pm

Like us on Facebook



### Here are some Easter Fun activities:

Cut up a potato to make some Easter egg stamps!

Supplies:

Potatoes, Paint, Paint brushes, Knife (adult use only)



### Bunny Handprint Craft

Supplies:

Paper, Paint, Paint brush,  
some little helping hands!

Happy Crafting!!



and